

Leeds Alliance in Supervision Scale (LASS)

Instructions:

Please place a mark on the lines to indicate how you feel about your supervision session

This supervision session was not focused

(Approach)

I-----I

This supervision session was focused

My supervisor and I did not understand each other in this session

(Relationship)

I-----I

My supervisor and I understood each other in this session

This supervision session was not helpful to me

(Meeting my needs)

I-----I

This supervision session was helpful to me

Taken from:

Wainwright, N. A. (2010). The development of the Leeds Alliance in Supervision Scale (LASS): A brief sessional measure of the supervisory alliance. *Unpublished Doctoral Thesis*. University of Leeds.